

Your new Council of Management

Since this is the first edition of the Bugle since you elected your new Council of Management at the AGM, we thought it was high time you knew a bit more about your representatives.



Name: **Sue Atkinson**
BJC Role: **President**
Job: MD Ardent, Advertising, Marketing & Communications
Random fact(s): Sue once acted with Gwyneth Paltrow and regularly fences (not the wooden stake kind - her weapon of choice is the sabre)



Name: **Karl Brown**
BJC role: **Education & Skills Chair**
Job: Solicitor, Clarke Willmott LLP
Random fact: Karl achieved early journalistic fame at the age of nine with a letter he wrote to John Barnes which was published in Roy of the Rovers



Name: **Emma Glynn**
BJC role: **Vice President**
Job: Associate, King Sturge LLP Healthcare
Random fact: Emma was once lowered into a crevasse and subsequently 'rescued' as part of an Alpine Mountaineering course in the French Alps



Name: **Sarah Hawkins**
BJC role: **Social and Events Chair**
Job: Membership Manager, GWE Business West
Random fact: Sarah loves natural history so much that, not only did she get married in Kenya, but she also braved the icy waters of the North West to dive with sharks in...Ellesmere Port



Name: **James Harris**
BJC role: **Marketing Chair**
Job: Associate Director, JBP Public Relations
Random fact: James is a warranted Scout Leader and is on a mission to make sure everyone knows we don't say 'dyb, dyb, dyb' any more



Name: **Clare Gammon**
BJC role: **Membership Secretary**
Job: IT Strategic Plan Manager, Axia
Random fact: In her spare time, Clare has a penchant for producing anything that involves some creativity. This generally runs from reclaimed wood tables, cabinets and picture frames but also, when the mood takes her, the odd oil painting or two.



Name: **James Scrimshaw**
BJC role: **Business & Enterprise Chair**
Job: Partner/Chiropractor, The House Clinics
Random fact: James' family nickname is Goldenballs because he can apparently do no wrong...



Name: **Alison Priestley**
BJC Role: **Heritage & Culture Chair**
Job: Town Planning Consultant, Windmill Planning
Random fact: Alison is a Cornish lass and coincidentally has a birthday that falls on Saint Piran's Day. In an attempt at keeping those roots alive she is currently challenging herself to perfect the traditional homemade Cornish pasty!



Name: **Georgina Tibbs**
BJC role: **Secretary**
Job: Senior Planner, Barton Willmore LLP
Random fact: Georgina is a supporter of Bristol Rovers FC (enough said...)



Name: **David Bird**
BJC Role: **Company Secretary**
Job: Associate, Veale Wasbrough Lawyers
Random fact: David was born in Southmead Hospital which therefore officially makes him a Bristol Rovers supporter.



Name: **Ben Hardy**
BJC Role: **Acting Treasurer**
Job: Head of Major Donor Development, The Prince's Trust
Random fact: Sorry, if I told you I'd have to kill you



Name: **Simon Gilbert**
BJC Role: **Immediate Past President**
Job: Land Manager; David Wilson Homes
Random fact: I am a qualified RYA Day Skipper



*Membership
spotlight*

Harry Burrows

Member Spotlight

Just like time itself, the BJC membership is constantly changing. Here BJC wide-eyed new recruit, Harry Burrows, shares his hopes and dreams for the future.

Recent new member, Harry Burrows, who runs IT services company, Flair4IT, reflects on the benefits of BJC membership...

I joined the BJC on the advice and recommendation of James Scrimshaw who told me that, since he had joined, it had proved to be great both for his business and his social life.

What he didn't mention – but I soon discovered – was that the person who used to give the BJC help and advice on IT matters was leaving! Thanks, James...

My membership interview took place in Bar Ha Ha with Sue Atkinson and Clare Gammon (thank you again, James, for the most inaccurate description ever of the people who would be interviewing me). During

the course of our chat, it was pointed out to me that the BJC was good value, you get free drinks and sandwiches at the monthly meeting, I was sold.

I was subsequently invited to join and attended the first monthly meeting which was a very interesting and thought-provoking talk on sales and marketing. My next event was the first session of the BJC Leaders programme which focused on helping us all to become more effective mentors. It was a great way to meet other members of the BJC and I think my view of mentoring is now a bit different!

If these two events are anything to go by, it looks like my time as a member will be far more valuable than a few free sandwiches – and I might have to admit that Mr Scrimshaw was right after all. Ouch!



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BJC Bugle

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Bristol
Junior
Chamber



From the President...

Welcome to this latest edition of the Bugle, the first since our AGM in April.

Looking back on 2008-9, I have to say 'what a year!'

During his presidency, my predecessor, Simon Gilbert, witnessed the terrifyingly rapid meltdown of the world's financial systems, the historic inauguration of Barack Obama on Capitol Hill and, of course, the 60th anniversary celebrations of the Bristol Junior Chamber – surely the most newsworthy of all.

I am assured that Simon had a hand in only one of those events...but on a serious note, I would like to thank him for his commitment to BJC during the past year.

Looking forward, I am sure this will be a year of consolidation for the Chamber and an opportunity for us to focus on exactly what it is we offer our members and the city of Bristol. Work is already underway on two key initiatives – namely a four-part leadership and mentoring programme to help members develop their skills in this area; and a high-profile event entitled Shaping the Future of Bristol at which we hope to be able to facilitate a debate on the development of our city. More on both of these projects in due course.

I am delighted that there are a number of new faces on the Council of Management this year (see p.4). With their support, and that of my Vice President, Emma Glynn, I am confident that, during 2009-10, we will achieve the usual healthy mix of business and pleasure whilst continuing to give something back to this great city to which we all owe so much.

Enjoy this issue of the Bugle and please don't hesitate to contact me if you would like to discuss or contribute to any aspect of the BJC.



Sue Atkinson
President

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Willkommen in Bristol!

It hardly seems like a year ago since the BJC delegation headed to Hanover but, sure enough, last weekend saw our colleagues from the Hanover Junior Chamber in Bristol for their reciprocal visit.

With everyone having arrived safely at Bristol International and been dispatched to their hosts' homes on Friday evening, the weekend really got going on Saturday morning with a welcome breakfast at the Bristol Hotel, which included a display of linguistic prowess from President Sue with only minimal corrections from the native speakers.

With the sun shining, it was out onto the streets of the city to follow the Heritage Walk established by BJC members back in 1984. It was a great way to introduce our guests to the history of the city and even the BJC guides learnt a thing or two as we toured the sights. Brief stops at one of the city's oldest pubs – the Llandoger Trow – and one its newest, Zero Degrees, ensured everyone was suitably refreshed for a private tour of the ss Great Britain and a ferry ride round the harbour. A relaxed meal at Pizza Provencale in the evening followed by a few alcoholic beverages completed the day.

Sunday was an all-English day of polo, Pimm's and picnics in the Cotswolds. A minibus ride to Cirencester enabled the Hanoverians to see the quintessentially English countryside before heading into the Ivy Lodge polo ground for the match and a sumptuous al fresco lunch including the obligatory cucumber sandwiches! Back in Bristol in the evening, the day was rounded off with a view of our most iconic landmark, the Suspension bridge, with dinner at the Bridge Café.

All too soon, it was Monday and almost time to say goodbye to our guests. But not before a tour of the Bristol Blue Glass factory and some glass blowing and – you guessed it – a farewell meal, this time at the River Station.

It was a successful weekend all round and huge thanks must go to Alison Priestley and Naomi Arnott for all their hard work in organising everything so well. Here's to next year's return visit!

NEW MEMBERS • CLAIRE STUCKEY • JACQUELINE LAWTON • MATT GARWOOD • HARRY BURROWS

www.bristoljuniorchamber.co.uk

Dates for your Diary

The second half of 2009 will be a busy time for BJC with several high profile events planned as well as our regular monthly meetings. As ever, the attendance and support of the membership will be key to their success.

JULY 2009

7TH

CAMERON BALLOONS – members' visit and Q&A with Don Cameron. See James Scrimshaw for details. jameskrimshaw@hotmail.com

22ND

GREENWATCH FIRE STATION – members' visit. Again, see James for details. jameskrimshaw@hotmail.com

28TH

BJC LEADERS PROGRAMME – Mentoring session 1, 6.00 - 7.30pm at King Sturge's offices. Contact Emma Glynn or Joe Reader to sign up. emma.glynn@kingsturge.com
joe.reader@wearepurple.com

AUGUST 2009

6TH – 9TH

BALLOON FIESTA – as usual, BJC will be staffing a pitch throughout and this will be our main opportunity to sell the Bristol & Ballooning books to support the Endowment Fund. Contact Sue Atkinson or Alison Priestley if you can help at any point during the weekend. a.k.priestley@talk21.com
sue.atkinson@ardentcommunications.co.uk

13TH

TOUR OF HIGHGROVE – please see article opposite and contact Ben Hardy for details. ben.hardy@princes-trust.co.uk

SEPTEMBER 2009

1ST

PAUL STEPHENSON OBE – will be the guest speaker at our September monthly meeting, which will be held at the offices of Clarke Willmott. Paul drew worldwide attention in the 1960's with his campaign to end the Bristol Omnibus Company's policy of not employing black or Asian staff. He was honoured by the Queen in 2008 for services to equal rights and community relations.

23RD

BJC LEADERS PROGRAMME – session two of this four-part programme to be held at King Sturge's offices between 4.30 - 7.30pm will focus on successful leadership. You don't need to have attended the first session to benefit from this one. See Emma Glynn or Joe Reader to sign up. emma.glynn@kingsturge.com
joe.reader@wearepurple.com

OCTOBER 2009

6TH

MONTHLY MEETING - Venue TBC.

22ND

MEMBERS' DINNER at Merchants' Hall, Clifton

NOVEMBER 2009

19TH - TBC

SHAPING THE FUTURE OF BRISTOL – a new initiative for BJC as part of our BJC Voice campaign, this will be a high profile debate on the ways in which the city supports business and enterprise. Speakers from local politics, business and other areas of public life will be responding to questions posed by BJC members and their guests.

16TH - TBC

WINTER DRINKS RECEPTION – Venue TBC

DECEMBER 2009

1ST

MEMBERS' CHRISTMAS DINNER – venue tbc

By Royal Invitation

Members of the BJC have been kindly invited by HRH The Prince of Wales, to tour his gardens at Highgrove. A limited number of members, will be able to see at first hand how HRH has implemented his principles of developing an organic and sustainable garden at his country home in Gloucestershire.



Credit Mario Testino

Following the tour members will be able to enjoy champagne and canapés in the Orchard Room. Places are limited and will be allocated on a first come, first served basis, with a donation of £40 to The Prince's Charities Foundation.

For further details contact Ben Hardy, m 07932 076370, e ben.hardy@princes-trust.org.uk.

Leader of the Pack

The first ever BJC Leaders Programme seminar took place on 17th June at the offices of King Sturge, and was a real success, with members saying, "An enjoyable and fun-filled seminar." and "Really engaged... looking forward to the next."

Keith Sharpe and I delivered the seminar and to get everyone energised, we started with a physical brain training activity to engage both left and right side brains for the session ahead, as well as getting everyone smiling.

This first seminar's theme was 'Effective Mentoring' and as a group we created our own definitions of communication styles including mentoring, counselling and advising. The group then demonstrated how they might use these to help or support someone, using Keith's desire for a beer after a hard day's work as an example.

Effective mentoring requires strong rapport and we demonstrated a simple way of remembering rapport-building techniques, using the acronym SOLER:

- Sit squarely
- Open posture
- Lean towards the client
- Eye contact
- Relax

We then introduced a simple questioning model called The 1-2-3 approach:

1. where are you now?
2. where do you want to be?
3. what actions will you take to get there?

Members worked in triads and each had a chance to mentor someone, to be mentored and observe and feedback. Each member benefited from help and support with real work or personal challenges, with one commenting "I enjoyed listening to others share their frustrations and ambitions, and being able to express my own..."

After the session, members headed to Ha Ha Bar for some liquid refreshment and to reflect on what they had learnt about mentoring. A major benefit was members getting to know each other better. This will help to strengthen relationships within the group and tap in to the existing skills and experience within the BJC.

Look out for our follow up mentoring session where members will get together to mentor each other and use their new skills. This will be facilitated by Purple (date tbc) where we will also introduce our mentoring tool kit for all members to use.

The next quarterly session, Successful Leading, is on 23rd September at King Sturge's offices. It promises to be another fun session with a chance for members to explore their leadership skills and potential.

JOE READER



Up, up and away...

In 2008, an intrepid bunch of BJC members decided to publish a book to celebrate the 30th anniversary of the Bristol International Balloon Fiesta, an event which had been conceived and established by the Junior Chamber back in 1979 and which has grown to become one of the most important events in the city's calendar.



Despite the lack of publishing experience amongst the team (BJC members are nothing if not enterprising!) the book was successfully commissioned and produced and now exists as a testament to their hard work and to the success of the Fiesta over a period of 30 years.

The book is now being proactively marketed in the run-up to the 2009 Fiesta, with all proceeds going to the newly created BJC Endowment Fund which will be managed by the Quartet Community Foundation on our behalf and will, in time, be in a position to offer grants to worthwhile projects across Bristol.

As ever, BJC will have a presence at Ashton Court this year and we will not be missing out on the opportunity to promote and sell our wares to the Fiesta crowds. To make this happen, we will be relying on the support of the membership to staff the stand so please do

volunteer for a slot when the rota comes round.

In addition to this, however, if every current member of the Chamber could sell just five books each at £10 – whether to colleagues, clients, friends or family – we could immediately add £1,500 to the endowment fund which would, in turn, attract a further £750 of Government match-funding through the Grass Roots initiative.

As a further incentive, a bottle of champagne from 'Gunnery Cellars' is on offer to the BJC member who can sell the most copies (with a minimum reserve set at ten).

Visit www.bristolandballooning.co.uk to find out more and please do consider what you could do to promote or sell the book on behalf of BJC this year and thereby support the growth of our endowment fund.